



Prenatal Healing Process

(Updated April 24, 2016)

Developed in 2012, the pre-natal healing process is proving to be a powerful tool for bringing profound inner healing and spiritual freedom to many individuals, accelerating the journey, especially for ritual abuse survivors. The process involves tracing a person's developmental history from the time of his creation by God just prior to conception through each pre-natal month to the birth process, allowing God to reveal everything that needs to be addressed at each stage of stage in order for the person to have spiritual, dissociative, and emotional healing at this foundational period of his life.

The process is totally dependent on God's revelation and the discernment gifts of the client, facilitator, and/or a support person in the session who is able to align his spirit with the Spirit of God (1 Corinthians 16:7) to receive what He wants to reveal concerning this otherwise secluded period of the person's history.

A. Scriptural support

1. For the process of God's revelation

That God is willing and able to reveal this part of the client's history is consistent with the following Scriptures:

- a. His passion is to bind up the broken-hearted and to set the captives free (Isa. 61:1).
- b. He sent His Son to destroy the works of the devil (1 John 3:8).
- c. He has told us, "Call unto me and I will show you great and mighty things which you do not know" (Jer. 33:3).
- d. He willingly imparts a "spirit of wisdom and revelation" (Ephesians 1:17).
- e. All things are "open and laid bare" before God (Hebrews 4:13).
- f. He knows what lies in the dark, and the light belongs to Him (Daniel 2:22).
- g. He reveals the "profound and hidden things" (Daniel 2:22).

2. For a person's life beginning with God before conception¹

- a. Ecclesiastes 12:7: ". . . the spirit will return to God who gave it."
- b. Jeremiah 1:5: "Before I formed you in the womb I knew you, . . ."
- c. Ecclesiastes 11:5: "As you do not know how the spirit comes to the bones in the womb of a woman with child, so you do not know the work of God who makes everything" (RSV).

¹ How long before conception God creates a person's soul and spirit is unknown. It may be just a millisecond, but it allows for important spiritual interaction to occur en route to the womb.

B. Benefits

1. Spiritually

a. Bypassing the entire cult system

For ritual abuse survivors, asking God to take them back to the very beginning of their lives means essentially taking an end run around the entire cult system and all programming and blocking mechanisms put in place within it at a later time in the person's life.

b. Getting to the very roots of many of the spiritual bondages in the person's life

c. Being able to remove all that developed from a particular root at once

1) Most of these bondages were put in place by the free will decisions of one's previous generations.

2) When a survivor is given the opportunity to accept or reject the bondage brought by the previous generations, his declared free will choice² seemingly trumps the free will choices of the ancestors.

3) This free will choice made by the Original Self or any of the pain-buffering primary identities also seems to trump the free will choices of all subsequently formed identities, including the cult-connected primaries.

4) This means many identities are set free at once.

Every entity that entered the person throughout his life because of each particular root identified can be removed at once.

5) This has major implications for shortening the journey to freedom for ritual abuse survivors coming from generational Satanism as the roots of their cult-related spiritual bondage are almost all established during this pre-natal period.

2. Dissociatively

a. Finding out what happened to the Original Self

This key identity brings a solidity of identity and quality of life that surpasses that of any other identity. The whole goal of healing is to bring this part back into life and all dissociative parts merged back into her.

1) Sometimes you will be able to have immediate access to her.

2) If she was taken into bondage, you can address the issue, rescue her, and start bringing her into the healing process.

b. Learning what early splits were possibly made during this time of life

3. Emotionally

Identifying and addressing emotional wounds, conflicts, and false beliefs that originated in the womb.

a. These may be from things that happened while the person was in the womb.

b. They can also be picked up from what the spirit of the fetus absorbed from the mother's spirit.

1) I believe that the child's spirit is closely entwined with the mother's spirit while in the womb.

² See "The Power of the Free Will" by Diane Hawkins, which is available both as free download under Articles or as a CD under Products on our website: www.rcm-usa.org.

- 2) Studies in Europe have indicated that a mother's thoughts and feelings during pregnancy are the single greatest determinant of the psychological and emotional well-being of the child, with the relationship of the father to the mother during this period also being critical.³

This emphasizes the great importance of bringing healing to wounds that occurred during this time.

- c. Resolving these issues would be very difficult without getting to these roots.

In sum, pre-natal healing provides the opportunity to restructure the spiritual, emotional, and psychological foundation of the person's life.

C. Timing

I recommend doing the Prenatal Healing Process as soon as possible after the following are achieved:

1. Stability

a. Crises

Dealing with any current crises obviously needs to have priority attention.

b. Overriding symptomatology

If significant symptoms affecting quality of life are occurring in the survivor's life, these may also warrant priority attention.

c. Frequent switching

Usually frequent switching is the result of an overwhelmed or absent primary identity system. An attempt should be made to identify and address the reason for the frequent switching.

While it is possible to do the prenatal healing process with an actively switching system, it could be more challenging with frequent interruptions—or it might take the person outside of what is causing the switching.

2. Acceptance of diagnosis

The survivor should at least understand that she has dissociative symptoms and a need for inner healing. A clear DID diagnosis and/or knowledge of ritual abuse is not a pre-requisite, as this is sometimes revealed in the process of pre-natal healing.

3. Identification of the main primary identities

a. Primary Presenter

You should at least know who the Primary Presenter (the identity that leads life most of the time) is and be assured that it is one of the pain-buffering primaries, as they are the ones who seem to have authority to represent the Original Self in making decisions for the entire system.

If for some reason, one of these main primary identities is not serving as the Primary Presenter, you must be able to locate one of them to do the process with you.

³ Thomas Verny with John Kelly, *The Secret Life of the Unborn Child* (New York: Dell Trade Paperback, 1981), pp. 47-50. The research mentioned was conducted by Dr. Monika Lukesch of Germany and Dr. Gerard Rottmann of Austria.

b. Pain-buffering trio: Denial, Buffer, Pain

Having identified all three of these is helpful but not absolutely necessary for proceeding. *What is necessary is that you know you have one of them with whom you can do the process.*

c. Cult-connected primaries

Having these identified and on board with doing the process is certainly a plus. However, success is not reliant on this.

These identities may or may not come out to object while you are doing the process. If they do, that provides the opportunity to work with them on their beliefs and loyalty issues. Interspersing this kind of system work with the prenatal healing process is necessary in some systems.

4. Salvation

Since the power of the name and the blood of the Lord Jesus Christ is what will break the spiritual bondages and protect the survivor from retaliation for the decisions against Satan that are made, the survivor must have accepted Him as personal Savior.

D. Preparations

1. Doing the following renunciation procedures⁴ before doing the Prenatal Healing Process can lessen the spiritual complications encountered during the process for ritual abuse survivors.

a. Renunciation of Satan's Counterfeit Religious System

This powerful, generational renunciation is beneficial for almost anyone in the human race but especially for those who have been overtly involved in Satanic activity or false religions. It forms the largest umbrella over the spiritual dynamics of ritual abuse and virtually all false religions and occult practices.

b. Kundalini Renunciations

The Queen of Heaven is a powerful conniver in the kingdom of darkness and is known by different names in different cultures. Kundalini is one of her names, known most prevalently in the far eastern religions. In the western world she is known as the false holy spirit. Like the true Holy Spirit, Kundalini is associated with energy and power.

Kundalini underlies the very structure of Freemasonry, making this an essential renunciation for ritual abuse survivors. She and her powers are also involved in Yoga, Martial Arts, and certain energy-based Eastern healing techniques. Any who have participated in these activities will also benefit from these renunciations.

c. Prayer of Release for Freemasons and their Descendants

Nearly all organized ritual abuse is connected to the hidden dynamics of the Freemasons. Therefore, all ritual abuse survivors will benefit from these renunciations.

Descendants of Freemasons who are not involved in ritual abuse have also benefitted from this prayer, with unexpected physical healings and cessation of nightmares reported as results.

⁴ These renunciations can all be found at: <http://www.rcm-usa.org/downloads.html>.

2. This procedure requires someone who is gifted in seeing in the spiritual realm. Having two people with this type of discernment present provides even better validation and confirmation for the person.
3. Part of the person with whom to work
 - a. Begin the procedure with the Primary Presenter as long as this is one of the pain-buffering primaries.

Please note that doing the procedure with this part is very important as only the Original Self and the pain-buffering primaries have the authority to make decisions for the whole person.
 - b. Once you have connected with the Original Self in the Father's Hand, you can continue the process with either her, if she is ready, or the Primary Presenter.⁵

D. Procedure

1. Begin with the binding and separating prayer.

Most High God, I ask You, in the name of the Lord Jesus Christ, to bind and bring into full restraint in your heavenly court all evil spiritual beings from the lowest demonic rank to the highest cosmic rank; including all fallen sons of God, ungodly powers, forces, energies, lights, Nephilim spirits, animal spirits, and elemental spirits; that are connected in any way to any part of this person or to his generational lines. I ask that You forbid them to see, hear, act, or speak without the express permission of the Lord Jesus Christ. I ask You, in the name of the Lord Jesus Christ, to separate with the Sword of the Spirit everything of an evil spiritual nature that is fused to any part of the person's humanity. I also ask you to remove all watchers, reporters, monitors, sentinels, remote viewers, messenger bats, robotic spies, drones, or any other kind of surveillance entity or device; to block or scramble all ungodly spiritual communication, power, and transportation lines coming into this person; to separate him from all handlers and computers, and to cancel all assignments made against this session. Please encircle us with your protecting angels and sanctify this time for this person's healing and spiritual freedom. I pray this in the name of the Lord Jesus Christ, Amen.

2. Ask the Most High God for permission to come with the person into His presence in His heavenly courtroom, expressing honor to the Godhead and appreciation for this privilege made possible through the shed blood of the Lord Jesus Christ (Ps. 82; Heb. 4:16).
 - a. This provides a safe place to work that is above the jurisdiction of the evil realm.
 - b. It is also an appropriate legal setting to deal with whatever spiritual bondages need to be broken.
 - c. It also brings the person's spirit to a place that is outside the dimension of time and thus able to connect with the early phases of his life.
 - d. Make sure that the person has a sense of being in this place or at least a positive feeling of safety.
 - 1) You don't want to be in Satan's counterfeit "kangaroo court." Usually something will rather quickly be perceived as not being right when this occurs and then you can ask God to bring him/you into the correct courtroom.

⁵ I have not found any difference in authority between these two in doing this procedure.

- 2) The extent to which the heavenly courtroom is visualized will vary greatly. Sometimes there will only be a sense of being there rather than clear imagery being seen.
 - e. If God reveals any unusual imagery in the courtroom or while trying to connect to it, this is usually something that He is indicating needs to be addressed before proceeding with the prenatal healing process.
3. Ask the Father to take the person to connect back to when he was in the Father's hand before being released to the womb.
 - a. Ask what he feels, sees, or senses.
 - 1) Usually this will be a positive experience if the person is able to sense in his spirit.
 - 2) If there is any confusion, ask God for clarification.
 - b. Ask the Father if He wants to tell the person what He said to him when He released him to go into his mother's womb.
 - c. If the client is unable to see, sense, or feel, the process can proceed with the perceptions of the facilitator or anyone else in the room with discernment.

It is always best if what is reported by someone else resonates in some way with the client.

4. Ask the Father to begin moving the person forward out of His hand towards the mother's womb.⁶

- a. Ask what the person is feeling, seeing, or sensing.
- b. Ask God to help him understand what this means. Continue asking clarifying questions until you understand the issue that God is bringing to your attention.
- c. Address whatever spiritual bondages are encountered at this point.

This is one of the most important periods of the entire pre-natal journey as this is where Satan gets his foundational footholds in the person's life through generational rights having been given. These can cause dissociation to occur even before the newly created soul and spirit are connected to the fertilized egg at conception.

Be aware that God will most likely show you multiple things to be addressed at this stage. He may reveal them all at once or one at a time. Each of these can be critical spiritual roots from which you have the opportunity to set the person free.

- 1) Generational inheritances

- a) These can be revealed by an infinite variety of imagery.
- b) Ask God for clarification as to what the specific generational iniquity being indicated is.

- (1) God may clearly reveal this.

- (2) Otherwise patience is needed to use a trial and error method of guessing the iniquity and addressing it.

- (a) See "[Breaking Ungodly Generational Inheritances](http://www.rcm-usa.org/articles.html)," which is available at <http://www.rcm-usa.org/articles.html> for the procedure to use here.

- (b) You will know that you are on track if the imagery changes.

⁶ Once, when the person was too scared to leave the Father's hand to face what they would then encounter, I had the Father show the person what happened from the vantage point of her remaining in His hand. This seemed to work equally well.

- (c) You will know that you have succeeded in breaking the specific generational inheritance that God was indicating when the imagery is completely gone.

2) Generational claims

Be particularly tuned to anything indicating a generational “claim” of Satan intercepting the person to bring them into some form of bondage in his domain. This may be visualized as some sort of snatching, hooking, tugging strings, or by hearing words such as “She’s mine.”

A generational claim is usually the result of a generational dedication or bargain or a selling of a birthright. It may be difficult to determine which is in play with any particular individual. Therefore, cover all bases whenever there is indication of Satan trying to take possession of part of the person before conception.

a) To break a generational dedication:

- (1) Ask the Primary Presenter, or preferably the Original Self who left the Father’s hand, if she wants to accept or reject any generational dedication of herself to Satan or any other ungodly entity.
- (2) Ask if she desires to declare her full acceptance of the destiny that God designed and placed within her when He created her and released her into life.
- (3) Appeal to the Father that this person had no choice in the matter of this dedication when it was established. Request that her free will decision spoken at this time be honored and that this generational dedication on her life be nullified by the blood of the Lord Jesus Christ.
- (4) Ask God to declare through the power and authority of the shed blood of Jesus Christ that every ungodly entity, power, or force of darkness as well as any Nephilim, animal, or elemental spirit that gained access to any part of her being at any point in her life because of this generational dedication be permanently removed from her and sent to the destination of His choosing. Ask God to fill all evacuated places with His true Holy Spirit, to close all portals and orifices used by these entities to access the person’s body, soul, or spirit and to seal them with the blood of the Lord Jesus Christ.
- (5) Ask the person if they reject all familial spirits⁷ assigned to superintend the generational claim on her life.
- (6) Ask God to send His holy angels to escort any such familial spirits to the destination of His choosing.
- (7) Have the person break all ungodly relationship bonds⁸ with:
 - (a) The people who made the dedication
 - (b) All people and/or animals sacrificed and all babies conceived in rituals to empower the generational claim
 - (c) Any familial spirits assigned to oversee the claim⁹

⁷ In the occult world it is possible for individuals to make covenants with death so that they do not have to go to their final resting place immediately upon death but can live on in the spiritual realm (See Isa. 28:15).

⁸ See procedure which is available as a free download at www.rcm-usa.org/articles.html.

⁹ The latter is included just to cover the possibility.

- (8) Ask God to release from captivity, to cleanse with the blood of Jesus Christ, and to return safely to the body all dissociated parts of the person that were taken into captivity in spiritual dimensions, vortexes, or black holes because of this now broken dedication.

When they have been returned, ask God to close the entrances to the dimensions in which they were held captive.

- (7) Ask God to proclaim in His heavenly court that there is to be no retribution or retaliation whatsoever because of the actions taken.

b) Generational bargains/barters¹⁰

This may be referred to in Rev. 18:13 and involves a past ancestor bartering access to his future generations in exchange for some favor from Satan.

- (1) In this case you may also see imagery of:

- (a) A roulette wheel
- (b) Part of the person going up or down, often on a chute, or two parts of the person with one going up and one going down. Sometimes the chutes will be black and/or white.
- (c) Any black and white imagery
- (d) A sun, moon, or stars, which may be the ruling authorities over the Satan's counterfeit realms of light and darkness, which the black and white represent.¹¹

- (2) The procedure breaking generational bargains/barters can be found on our website as a free download at www.rcm-usa.org/articles.html.

- c) The procedure for "Restoring a Stolen Birthright" is also available as a free download at www.rcm-usa.org/articles.html.

3) Generational seal

Occasionally you might encounter a generational seal having been put over the person.

- a) This was revealed to me as a solid blackness over everything.
- b) It can be addressed by:

- (1) Asking the person if she accepts or rejects the generational seal of darkness put over her life from the time of her creation.
- (2) Asking God to honor her free will choice and to remove this generational seal of darkness in the name of the Lord Jesus Christ.
- (3) Asking God to declare that there be no back-ups allowed for what was removed and no retaliation or retribution whatsoever for what was done.

d. Determine how the Original Self (OS) responded to any generational claim.

Two scenarios seem possible:

- 1) The OS responded to the generational claim as an intolerable conflict and split so another part was taken by darkness while the OS was kept separate from it.

Again two scenarios seem possible:

¹⁰ Revelation 18:13 may allude to such bartering in the bodies and souls of men connected with participation in Satan's Counterfeit Religious System represented by the Whore of Babylon.

¹¹ Seeing any of this imagery is not mandatory to indicate a generational bargain. I am only giving samples of what I have seen. Other imagery is also possible.

- a) The OS went into conception.
- b) Further splitting occurred to form primary identities to go into the womb while the OS was kept safe by God and did not enter the womb.
- 2) The OS was deceived and lured in some way to follow the overtures of the Satanic emissaries sent to claim what was legally theirs through the generational bargain or dedication. In this case:
 - a) The OS herself might be in bondage and need to be rescued.

The above actions to break the power of the generational bargain or dedication should be sufficient to release her. However, if she made any type of agreement to go with the Satanic emissaries, she may need to renounce those.
 - b) A split of some sort undoubtedly occurred to form another part to go forward into conception.
5. When everything seems clear between the Father's hand and the womb, ask the Father to bring the person forward to the conception process.
 - a. Ask what she is seeing, feeling, or sensing.
 - b. Ask God to clarify anything that is uncertain.
 - c. Deal with whatever is revealed at this juncture.
 - 1) If the person was conceived in an Illuminati conception ritual, please request a copy of "Breaking an Illuminati Conception Ritual" from RCM at 540-249-1027 or office@rcm-usa.org. Assume this to be true if any indications of involvement with the Illuminati have been detected in the person's life.
 - 2) If the person was conceived in any other kind of a ritual¹²:
 - a) Ask the person:
 - (1) Do you accept or reject this ritual?
 - (2) If any false gods were called upon to preside over your conception ritual do you desire to be completely disconnected from them?
 - (3) Do you reject all curses, incantations, and/or ungodly blessings put on you at conception and desire for the Most High God to declare them all null and void?
 - (4) Do you reject and desire God to annul any vows that were made by your mother, your father, and/or any other ancestors in this ritual that would adversely affect your life?
 - b) Appeal to the Father on the basis of the person's expressed free will decision and through the blood of the Lord Jesus Christ to annul the conception ritual in its entirety, including all curses, incantations, ungodly blessings, and parental or ancestral vows, and to free the person from all the spiritual effects that it has had throughout his/her entire life and from the lives of her descendants to a thousand generations going forward.

¹² Different types of rituals can be carried out at various times throughout the pregnancy. They can all be broken in a similar way as outlined here.

- c) Ask God to declare that through the power and authority of the shed blood of Jesus Christ the person is set free from all cosmic beings presiding over the ritual and every entity, power, and force of darkness as well as any Nephilim spirit, animal spirit, elemental spirit, familial spirit, or manipulated life form that gained access to any part of his/her being at any point in his/her life because of this conception ritual.

Ask God to:

- (1) Pass judgment on them and to send them to the destinations of His choosing.
- (2) Fill all evacuated places with His true Holy Spirit.
- (3) Close all portals and orifices used by these entities to access the person's body, soul, or spirit and to seal them with the blood of the Lord Jesus Christ.

- d) Have the person break all ungodly relationship bonds¹³ with:

- (1) All people involved in the ritual, including her mother and father
- (2) All people and/or animals sacrificed to empower it
- (3) Any familial spirits assigned to the person as a result of it

- e) Ask God to release from captivity, to cleanse with the blood of Jesus Christ, and to return safely to the body all dissociated parts of the person that were taken into captivity in spiritual dimensions, vortexes, or black holes because of this ritual.

- f) Ask God to retract the announcement of the person's conception that was made to the spiritual realm of darkness.

- g) Ask God to prohibit any retribution or retaliation whatsoever because of the actions taken.

- 3) If not already done, have the person break all ungodly relationship bonds¹⁴ with his mother and father.

This removes connection to the ungodly spiritual baggage that each may have brought into the conception. It does not affect the normal, healthy relationship bond with the parents.

- d. When the conception is "clear," ask God:

- 1) To remove all effects of shock and trauma on the person's body, soul, or spirit that occurred during conception
- 2) To allow the healing balm of Jesus to seep into and heal every wounded place
- 3) To cleanse every part of her body, soul, and spirit with the blood of the Lord Jesus Christ and to bring them into alignment with His original design
- 4) To bless the person's conception

- 6. Ask God to move the person to be in touch with the first month in the womb.

- a. Ask what she is seeing, feeling, or sensing.
- b. Ask God to clarify anything that is uncertain.
- c. Deal with whatever is revealed at this juncture.

There may be physical and emotional issues as well as conflicts and beliefs that will come to light in addition to further spiritual bondages. These can be resolved in the same way as if they were revealed at any other time in the person's life.

¹³ See procedure which is available as a free download at www.rcm-usa.org/articles.html.

¹⁴ See procedure which is available as a free download at www.rcm-usa.org/articles.html.

- 1) Emotional dynamics
 - a) Try to discern between:
 - (1) Emotions of the child towards what is happening
Especially in the early months in the womb the thoughts and feelings of the child will be perceived through the spirit, which is seemingly active from creation by the Son.
 - (2) Emotions picked up from the mother
 - b) Ascertain the beliefs underlying the emotions and ask Jesus to speak truth to them.
- 2) Dissociative dynamics
 - a) If dissociation is perceived to have occurred in the womb, try to determine the intolerable conflict that caused it and address it as for any such conflict after birth.
 - b) As much as possible try to resolve all pre-natal dissociation as you proceed through the womb.
 - c) Also try to bring the Original Self forward through the womb with you if she has not yet been released into life.
- 3) Spiritual dynamics
 - a) Rituals
Follow the general procedure given above to renounce a non-Illuminati conception ritual.
 - b) Curses
If curses are perceived:
 - (1) Ask the person if she desires to reject the curse.
 - (2) Ask God to honor this and through the blood of the Lord Jesus Christ to remove the curse and all of its effects from the person, along with all evil entities assigned to carry it out going forward a thousand generations.
 - (3) Ask God to replace it with His blessing.
 - c) Death-related issues
 - (1) When any kind of death-related issue arises, assume that the Spirit of Death and other cosmic beings from the underworld have gotten a foothold through it.
 - (a) Abortion attempts or even thoughts by the mother
 - (b) Suicide attempts or thoughts by the mother
 - (c) Death wishes by the fetus
 - (2) Ask the person to forgive the mother for her actions or thoughts.
 - (3) Have the person renounce and repent of any wishes on her part to die.
 - (4) Ask the person if she desires to reject all connection to the Spirit of Death and other entities associated with death that may have gotten a foothold in her.

- (5) Ask the Most High God to honor the choice of the person and to remove all connections to these entities in the name of the Lord Jesus Christ, passing judgement on them and sending them to the destination of His choosing.

Ask God to close and to seal with the blood of the Lord Jesus Christ all portals and orifices used for their connection to the person and to fill the evacuated places with His Holy Spirit.

d) Twins

If it is perceived that the person had a twin who died in the womb, this can present some unique issues to address.

- (1) Probe for and address the person's emotions, beliefs, and conflicts arising out of this.

- (2) Make sure that the person has fully released this twin to God and is not holding onto a bond with the twin's spirit.

- (3) Have the person break all ungodly relationship bonds¹⁵ with the twin.

This is necessary when the person has taken on a false sense of responsibility for the twin or a false guilt in relationship to the twin's death.

d. When the first month is "clear," ask God:

- 1) To remove all effects of shock and trauma on the person's body, soul, or spirit that occurred during the first month in the womb;
- 2) To allow the healing balm of Jesus to seep into and heal every wounded place
- 3) To cleanse with the blood of the Lord Jesus Christ every part of his body, soul, and spirit and bring them into alignment with His original design.
- 4) To bless the person's first month in the womb

7. Go through the same procedure for each month in the womb and then the birth process.

This entire procedure will take varying amounts of time depending on the complexity of the issues needing to be addressed. It will generally take multiple sessions, however.

8. Wherever you end a given session, ask God:

- a. To seal the work that was done
- b. To destroy all back-up plans
- c. To prohibit all retaliation

¹⁵ See "Breaking Ungodly Relationship Bonds," which is available at <http://www.rcm-usa.org/articles.html>, for the procedure for this.