

## Yoga Renunciation

This renunciation is excerpted from “Prayers of Renunciation: Hinduism, Buddhism, Kundalini” by Amanda Buys of Kanaan Ministries, South Africa. <http://www.kanaanministries.org/wp-content/uploads/downloads/2014/08/Prayers-Of-Renunciation-HINDUISM-BUDDHISM-KUNDALINI.pdf>

Very slight modifications have been made by Diane Hawkins of Restoration in Christ Ministries, USA.

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### Information:

Chakras are named after the Sanskrit for wheel. They are frequently pictured as whirling lotus petals of various colours.

Chakras are psychic energy centres based at the cardinal points of the body.

According to the traditional view of yoga we have seven charkas or energy centres situated throughout the body. Various systems in yoga will give slightly different symbols, colours or even names to the charkas. The universal life force is said to enter through the crown chakra and is filtered down through the other chakras, each of which transforms the energy into the appropriate form for the function it governs.

Kundalini energy passes in the opposite direction from the root chakra upwards. Kundalini means snake or serpent power in Sanskrit. Kundalini is the basic energy that drives the chakras from within, and it is pictured as a coiled snake sleeping at the base of the spine. It travels up the body on a spiraling psychic pathway, activating the various energy centres and changing colour, eventually becoming clearer and paler 'till it emerges through the crown chakra as pure white light to mingle with the energies of the cosmos. Opening these through visualization is an effective method of preparing for psychic work and can also be used to close down psychic channels. **These chakras need to be fully "open" for us to astral project.**

I renounce the colours of the Chakra Wheel and now sever my family and myself from every colour of this wheel:

- **Red** — earth chakra-genetic coding, instincts
- **Orange** — moon chakra-sex drive, fertility
- **Yellow** — sun chakra-personal power
- **Green** — heart center of astral light
- **Blue** — controlling time
- **Violet** — the arts, music, poetry, dance, drama, literature and sciences
- **White** — center through which the soul leaves the body in astral projection.

I renounce any cure by means of Auras, the pendulum, bells or the so-called “ghong.”

FATHER, in the Name of Y’shua (Jesus) I now also renounce the **KUNDALINI SERPENT** (Hindu snake-god) **lying curled up with its tail in its mouth**, its 3 and a half coils being connected to the human spine. I ask forgiveness for having believed in this kundalini force and ask You to sever me from this force.

I also ask Your forgiveness for having given this kundalini force control over my body by practicing the various **Yoga positions**. In the Name of Y’shua (Jesus) of Nazareth I now take up the Sword of the Holy Spirit and sever my family and myself from this kundalini force.

I also renounce **SHAKTI** and **SHIVA** whose union awakens the kundalini force.

In the Name of Y’shua (Jesus). I ask You to **separate and isolate Shakti, Shiva** and the **kundalini** serpent and command them to leave me right now. I also ask You to chase away their gatekeepers, tear up all their commission papers and cancel all their instructions.

FATHER, would You now please close these doors and seal them with the Blood of Y’shua (Jesus). In the Name of Y’shua (Jesus) I now sever any soul tie with these three evil forces.

I renounce Yoga being the only way to one's own salvation. I profess Y’shua (Jesus) of Nazareth to be my only Saviour (Ephesians 1:7).

I renounce Yoga being mere health cures. I admit that this is a lie, since Yoga actually provides the basis for achieving salvation in Hinduism. In the Name of Y’shua (Jesus) I now renounce any lying and deceiving spirit and command them to leave me right now.

I renounce Yoga being the only road to perfect peace. I profess that we can only have True Peace in Y’shua (Jesus) (Romans 5:1).

I renounce Yoga not being a religion. I admit that it is indeed a religious system, the basis of Hinduism.

I admit that Yoga actually has the following objectives — thus being an abomination in the Eyes of GOD:

- Creating an open door for satanic influence, for instance, the teaching that there is neither heaven nor hell — these being mere products of the mind/emotions.
- Establishing contact with the Hindu god Brahman.
- Achieving union with Brahman through the repetition of prescribed mantras (prayers).
- Giving worship and glory to the Hindu gods by means of various positions of the body, including the lotus, cat, cobra, peacock, cow, plow, fish and camel rider, all of these directed at union with the kundalini serpent.

I repent of all bodily positions by which I have given honour and worship to the Hindu gods. Would You now please delete any such worship in the spirit world so that it can no longer bear witness against me?

I renounce establishing contact with all Hindu spirits by means of Yoga.

I renounce liberating the spirit body from the restrictions of the physical body.

I renounce opening up the human spirit for the cosmic spirit KI/CHI by means of Yoga breathing techniques.

I renounce using any of the following for the awakening of the Hindu spirits: Yoga, biorhythm, alpha and beta brain waves, homeopathy, acupuncture, holism, reflexology and aromatherapy.

I renounce all of the above objectives and turn my back on them. In the spirit I now walk away from Hinduism, its gods, and its idols and ask that You for once and for all burn the bridge of Hinduism behind me in the Name of Y'shua (Jesus).

I renounce all the following forms of Yoga:

- HATHA YOGA — bodily positions and breathing techniques
- KUNDALINI YOGA awakening the kundalini force and false healings
- TANTRA — perversion in the sexual area
- KARMA YOGA — correct actions, denial of self
- BHAKTI YOGA
- JNANA YOGA — wisdom and the study of scriptures
- RAJA YOGA — meditation and philosophy
- INTEGRAL YOGA
- PATANJALI YOGA — using textbooks

I renounce any bodily positions or breathing techniques (ASANAS and PRANAYAMA) of Yoga to awaken the “Vital Energy” (demonic powers) and now sever my family and myself from all of these things in the Name of Y'shua (Jesus).

I renounce the following roots of Hinduism and ask You to let them shrivel up and burn them with Your Consuming Fire.

- Ascetism
- Meditation
- Physical breathing techniques
- Astral projection

I renounce any form of sorcery, mind control, fire worship, black art (Lamas), trance states, zombi's, Alants, Maccumbas, Voodooism, Guru's and all of their rituals and teachings. In the Name of Y'shua (Jesus) I sever any possible soul tie with any of these people and ask You to restore me to a right relationship with You. I ask forgiveness for my involvement in any of these things.

I also dissociate myself from the objective of meditation, that is:

- Eliminating the bad Karma in the subconscious and cleansing the mind of all negative thoughts of guilt; cultivating a super consciousness making me a god in my own right, determining my own destiny.

I profess that only the Blood of Y'shua (Jesus) cleanses me of sin (1 John 1:7).

I also renounce that practicing Yoga is the synthesis of the physical and the metaphysical world.

I also renounce any form of mysticism, the occult, and sorcery in Hinduism in the Name of Y'shua (Jesus).

I reject all the phases of Yoga, including controlling the body and subconscious, controlling the subconscious and blood circulation, mastering of any natural forces, and mastering of black arts and sorcery.

I renounce any form of bio-feedback, Silva Mind-control, Transcendental Meditation, Yoga, mantras and breathing techniques, mind-control, self-hypnosis, hypnosis, ESP, any spiritist activities, any form of clairvoyance, Yoga fitness tapes, any form of visualization and meditation, and astral projection.

I ask You to forgive me and my family for our involvement in any of these, in the Name of Y'shua (Jesus).

In the Name of Y'shua (Jesus) I now turn my back on these works of Satan. I claim back my territory, tear up any contracts with Satan and decommission any gatekeepers in the Name of Y'shua (Jesus).

I now walk away from any Hindu idols, doctrines, altars, rituals and practices and surrender myself completely to the Lordship of GOD the FATHER, His Son Y'shua (Jesus) and the Holy Spirit.

Today I make an irreversible and binding decision to submit myself: spirit, body and soul, to the rulership of the Kingdom of GOD — the Kingdom of Truth, that is Y'shua (Jesus) of Nazareth.

In His marvelous name,

**AMEN!**