

Prayer to Cleanse the DNA

Introduction:

This prayer is meant to go beyond the spiritual cleansing achieved through the breaking of ungodly generational inheritances and curses and the nullification of ancestral covenants, bargains, barter, sales, contracts, pre-eminent agreements, and other kinds of ungodly agreements made in past generations. Those are all events in the past generations that affect a person spiritually. This prayer is designed to address the *physical* effects that ungodly activities and contaminations occurring in one's generational lines have had on one's DNA and the very image of Himself which God intended the person to bear and the destiny that He intended him to carry out.

While DNA itself is quite resistant to change, epigenetic factors can change the way that the genes of the DNA operate, even switching them on or off, though some changes don't manifest for a couple generations. Nutritional deviations and exposure to drugs or toxins can do this.¹ Exposure to certain germs or diseases, such as cancer, can also cause epigenetic changes, though some of these are reversible.² Socioeconomic status, prolonged absence of a parent, length of breastfeeding, birth during the dry season, and exposure to microbes in infancy have also been shown to have epigenetic effects.³

Mutations can also occur to change DNA. These may be caused by exposure to certain chemicals, ultraviolet radiation, or other external factors.⁴

In light of this scientific information of ways in which DNA can be affected, postulating the possible impact of other physical, spiritual, and/or moral violations of the body in one's life or generational line is not difficult. While the writer of this prayer cannot prove the effects of everything mentioned in this prayer to cleanse the DNA, various possibilities are mentioned and included in order not to miss anything potentially significant.

Prayer Format:

Almighty God, Ancient of Days, Creator and Sustainer of all, I come before Your throne in the name of the Lord Jesus Christ, my Savior, to recognize and to honor the plan that You had for mankind from before the foundations of the earth when You chose and called me into a special relationship with Yourself as Your child and prepared me to live a life of good works for Your honor and glory. I declare before You, Most High God, that this is my desire above all things (Revelation 13:8; Romans 8:28-30; Ephesians 2:10; 2 Thessalonians 1:11; Psalms 40:8).

¹ <https://alumni.duke.edu/magazine/articles/big-question-can-your-environment-change-your-dna>

² <https://www.cdc.gov/genomics/disease/epigenetics.htm>

³ <https://www.smithsonianmag.com/science-nature/your-childhood-environment-can-permanently-change-DNA-180964869/>

⁴ <https://www.nature.com/scitable/topicpage/dna-is-constantly-changing-through-the-process-6524898/>

I also recognize and acknowledge that everything that You created was good. It was made in Your perfect way according to Your perfect design. In addition, when You created mankind, You created us very specially in Your own image (Genesis 1:26-27, 31).

How great and awesome and perfect was Your plan for me as an individual! I cry out to You, my Lord, that I want everything about me to be returned to the original state which You designed for me. I know this is a very bold request to make, but You have declared that nothing is impossible for You and that if we ask You for anything, believing that we will receive it, You will do it for us. I therefore make this request in faith that You will do it (Matthew 21:22; Luke 1:47).

I acknowledge that many things have occurred in my generational lines, going all the way back to Adam and Eve, that have contaminated and marred who You designed me to be. Some occurred innocently and some were entered into deliberately.

From the beginning You presented Adam and Eve with a choice of following and obeying You or following and obeying the enticing words of the Serpent, who promised an alternate path for achieving supernatural enlightenment and divine status. This became the wide road to destruction that has seemed right to man but in the end brings death and destruction (Genesis 3:1-5; Proverbs 14:12; Matthew 7:13-14). I know that many in my generational lines have followed this alternate path of Satan's and have done things that have affected my DNA, marred the image in which You created me, and hindered my ability to fulfill completely the destiny that You ordained for me.

Most High God, I desire to bring these acts of defilement before You to acknowledge and renounce them as being contrary to Your will and to renounce and repent of any way that I have engaged in them myself. I ask for Your forgiveness through the blood of the Lord Jesus Christ for all of these iniquities committed against the body throughout my generational lines, and I ask You in Your mercy and grace to cleanse thoroughly with the blood of the Lord Jesus Christ all effects of them, and any other marring effects, off of my DNA as well as Your image within me and whatever effect they have had on my destiny.

Specifically, I ask You to cleanse away completely with the shed blood of the Lord Jesus Christ and Your living water the effects of:

- All cancers and other diseases that have been a result of the curse brought on the human body due to Adam and Eve's sin;
- All other curses, spells, hexes, enchantments, and incantations received as well as all acts of witchcraft and magick of any kind used against the body;
- All intake and abuse of harmful or toxic substances within the body that have occurred in my generational lines;
- All aberrations of nutrition and misuse of food;
- All ungodly sex and marriage occurring with other humans; animals and animal spirits; human spirits of whatever type, rank of elevation, combination, or complexity; evil, ungodly, and hybrid spirits of any kind, including Nephilim and Rephaim spirits;
- All contamination of my bloodlines through such means;
- All overshadowing or overmastering of physical and soul DNA and the image of God within by evil or ungodly entities, including Lucifer himself and any light coming from him;

- All contamination of the body with ungodly or usurped powers, forces, energies, lights, life forces, mists, winds, slimes, plasmas, and/or crystals;
- All deliberate genetic experimentations and altercations done in connection with conception or otherwise;
- All replication, transfer, and other ungodly uses of physical and/or soul DNA, including the subjection of it to ungodly situations and manipulations;
- All accessing and transferring of any part of Your image within;
- All exposures to dimensional experience not ordained by You.

Lord Jesus Christ, as my Advocate before the Father, I ask that if I have missed mentioning any other kind of defilement that occurred in my generational lines to alter Your original design for my DNA and my destiny, that You will fill in the missing gaps so that this cleansing can be absolutely complete according to Your will. I also ask that anything of an evil, ungodly, human, or artificial nature that attached to me because of these past defilements be removed, including all entities of every kind and all ungodly powers, forces, energies, lights, life forces, mists, winds, slimes, plasmas, and crystals.

Most High God, I ask that You will bring Your divine Spirit to overshadow my own being to bring about this intimate cleansing and restoring of my DNA to Your original design for me, no longer affected by the ungodly things committed by those in my generational lines. I give You all the praise and the honor and the glory for this magnificent work that You have done for me today. I ask You to help me live my life going forward pure and holy in Your sight, looking to You to supply all that I need to fulfill Your destiny for me.

I ask that You would seal this work and declare from Your heavenly throne that there is to be absolutely no undoing, retribution, or retaliation whatsoever allowed.

In the most holy, precious, and powerful name of the Lord Jesus Christ, I pray this. Amen.

Facilitated Format:

To facilitate this prayer with someone who is unable to read it for him or herself, you can pray the prayer below and ask for the person's agreement in the places where [Do you agree?] has been inserted.

Almighty God, Ancient of Days, Creator and Sustainer of all, I come before Your throne with _____ in the name of the Lord Jesus Christ. Together, we recognize and honor the plan that You had for mankind from before the foundations of the earth when You chose and called _____ into a special relationship with Yourself as Your child and prepared him/her to live a life of good works for Your honor and glory. We declare before You, Most High God, that this is his/her desire above all things (Revelation 13:8; Romans 8:28-30; Ephesians 2:10; 2 Thessalonians 1:11; Psalms 40:8). [Do you agree?]

We also recognize and acknowledge that everything that You created was good. It was made in Your perfect way according to Your perfect design. In addition, when You created mankind, You created us very specially in Your own image (Genesis 1:26-27, 31). [Do you agree?]

How great and awesome and perfect was Your plan for _____ as an individual! He/she cries out to You, our Lord, that he/she wants everything about him/her to be returned to the original state which You designed for him/her. [Do you agree?] He/she knows this is a very bold request to make, but You have declared that nothing is impossible for You and that if we ask You for

anything, believing that we will receive it, You will do it for us. He/she therefore makes this request in faith that You will do it (Matthew 21:22; Luke 1:47). [Do you agree?]

We acknowledge that many things have occurred in _____'s generational lines, going all the way back to Adam and Eve, that have contaminated and marred who You designed him/her to be. Some occurred innocently and some were entered into deliberately. [Do you agree?]

From the beginning You presented Adam and Eve with a choice of following and obeying You or following and obeying the enticing words of the Serpent, who promised an alternate path for achieving supernatural enlightenment and divine status. This became the wide road to destruction that has seemed right to man but in the end brings death and destruction (Genesis 3:1-5; Proverbs 14:12; Matthew 7:13-14). [Do you agree?] We know that many in _____'s generational lines have followed this alternate path of Satan's and have done things that have affected his/her DNA, marred the image in which You created him/her, and hindered his/her ability to fulfill completely the destiny that You ordained for him/her. [Do you agree?]

Most High God, _____ desires to bring these acts of defilement before You to acknowledge and renounce them as being contrary to Your will and to renounce and repent of any way that he/she has engaged in them him/herself. [Do you agree?] He/she asks for Your forgiveness through the blood of the Lord Jesus Christ for all of these iniquities committed against the body throughout his/her generational lines and asks You in Your mercy and grace to cleanse thoroughly with the blood of the Lord Jesus Christ all effects of them, and any other marring effects, off of his/her DNA as well as Your image within him/her and whatever effect they have had on his/her destiny. [Do you agree?]

Specifically, he/she asks You to cleanse away completely with the shed blood of the Lord Jesus Christ and Your living water the effects of:

- All cancers and other diseases that have been a result of the curse brought on the human body due to Adam and Eve's sin; [Do you agree?]
- All other curses, spells, hexes, enchantments, and incantations received as well as all acts of witchcraft and magick of any kind used against the body; [Do you agree?]
- All intake and abuse of harmful or toxic substances within the body that have occurred in his/her generational lines; [Do you agree?]
- All aberrations of nutrition and misuse of food; [Do you agree?]
- All ungodly sex and marriage occurring with other humans; animals and animal spirits; human spirits of whatever type, rank of elevation, combination, or complexity; evil, ungodly, and hybrid spirits of any kind, including Nephilim and Rephaim spirits; [Do you agree?]
- All contamination of his/her bloodlines through such means; [Do you agree?]
- All overshadowing or overmastering of physical and soul DNA and the image of God within by evil or ungodly entities, including Lucifer himself and any light coming from him; [Do you agree?]
- All contamination of the body with ungodly or usurped powers, forces, energies, lights, life forces, mists, winds, slimes, plasmas, and/or crystals; [Do you agree?]
- All deliberate genetic experimentations and altercations done in connection with conception or otherwise; [Do you agree?]

- All replication, transfer, and other ungodly uses of physical and/or soul DNA, including the subjection of it to ungodly situations and manipulations; [Do you agree?]
- All accessing and transferring of any part of Your image within; [Do you agree?]
- All exposures to dimensional experience not ordained by You. [Do you agree?]

Lord Jesus Christ, as _____'s Advocate before the Father, we ask that if we have missed mentioning any other kind of defilement that occurred in his/her generational lines to alter Your original design for his/her DNA and his/her destiny, that You will fill in the missing gaps so that this cleansing can be absolutely complete according to Your will. [Do you agree?] I also ask that anything of an evil, ungodly, human, or artificial nature that attached to _____ because of these past defilements be removed, including all entities of every kind and all ungodly powers, forces, energies, lights, life forces, mists, winds, slimes, plasmas, and crystals. [Do you agree?]

Most High God, we ask that You will bring Your divine Spirit to overshadow _____'s own being to bring about this intimate cleansing and restoring of his/her DNA to Your original design for him/her, no longer affected by the ungodly things committed by those in his/her generational lines. [Do you agree?] We give You all the praise and the honor and the glory for this magnificent work that You have done for _____ today. We ask You to help him/her live his/her life going forward pure and holy in Your sight, looking to You to supply all that he/she needs to fulfill Your destiny for him/her. [Do you agree?]

I ask that You would seal this work and declare from Your heavenly throne that there is to be absolutely no undoing, retribution, or retaliation whatsoever allowed. [Do you agree?]

In the most holy, precious, and powerful name of the Lord Jesus Christ, we pray this. Amen. [Do you agree?]