

## Breaking Ungodly Generational Inheritances

(Updated 11-1-2024)

The effects of gross or deeply established patterns of iniquity in a person can be passed from one generation to another according to Exodus 34:7: “He will by no means leave the guilty unpunished, visiting the iniquity of fathers on the children and on the grandchildren to the third and fourth generations” (NASB). This is clearly seen in the lives of the Israelites. Their failure to live up to God’s standards of righteousness resulted in many generations suffering from a host of curses released upon them (Deut. 11:26-28). These inherited consequences of iniquities can actually be carried through an ancestral line for many more generations than three or four because every time a new generation engages in the iniquity, the inheritance gets extended another three or four generations (e.g. Lam. 5:1-18).

What seems to occur in generational inheritances is that subsequent generations experience an increased temptation to succumb to the same iniquity of their forefathers. The accumulated guilt and curses connected to that iniquity may not be released upon a particular person, however, until he himself actually engages in the iniquity (Mat. 23:34-35).

Just as with personal sin, confession is the way to overcome the power of generational inheritances in one’s life (Ps. 106; Neh. 9; Jer. 3:22—4:2; Dan.9:3-19). This will not only remove the heightened tendency to sin in the way of one’s forefathers and the curses that come from doing so, but it will also break the chain of inheritance from flowing any further to one’s succeeding generations. It may even open the way for blessing to flow into the generational line instead (Ex. 20:5-6).

### **The following prayer can be used to break ungodly generational inheritances from one’s life:**

Ancient of Days, as Judge of all the earth, I come before You, in the name of the Lord Jesus Christ, my Savior and Advocate before Your throne, to stand in the gap on behalf of my ancestral lines on my mother’s and my father’s sides (both biological and custodial—if different) and on behalf of any ancestral line into which I may have been transferred, to acknowledge, renounce, and confess on their behalf the iniquities of:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

*(You can list several iniquities at the same time.)*

I declare before You that I forgive my ancestors for their actions that brought ungodly generational inheritances and consequences into my life. I relinquish all hate and desires for revenge into Your hands for You to bring judgment against them.

I also renounce and repent of any and every way that any part of me has knowingly or unknowingly, willingly or unwillingly, participated in these iniquities myself, including:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_

(Be specific about the various ways which God brings to mind that you have done this.)

I ask You, in the name of the Lord Jesus Christ, to put His shed blood between me and these grievous generational iniquities, breaking all ungodly inheritances and curses resulting from them from my life and from the lives of my descendants going forward forever.

I ask You to remove, or disconnect from us, everything from the realm of darkness that gained access to us because of these generational inheritances and their curses. Please pass judgment on them, dispatch them to the destinations of Your choosing, as appropriate, and close and seal with the blood of the Lord Jesus Christ the portals and orifices they used for access to us. Please fill the evacuated places with Your true Holy Spirit.

As You remove these generational curses from my life and my descendants, will You please release any of Your generational blessings intended for us that were blocked because of these curses?

Thank You, Ancient of Days. I pray this all in the name of my Lord Jesus Christ. Amen.

See next page for a procedure to use to lead someone else through generational repentance.

To lead someone else through generational repentance:

Ancient of Days, I come before Your throne to pray this prayer on behalf of \_\_\_\_\_, who will be agreeing with my words as I go along.

We come in our spirits before You, as Judge of all the earth, in the name of the Lord Jesus Christ, our Savior and Advocate before Your throne, declaring \_\_\_\_\_'s desire to stand in the gap on behalf of his/her ancestral lines on his/her mother's and father's sides (both biological and custodial—if different) and on behalf of any ancestral line into which he/she may have been transferred, to acknowledge, renounce, and confess on their behalf the iniquities of:

- \_\_\_\_\_ [Do you agree?]
- \_\_\_\_\_ [Do you agree?]
- \_\_\_\_\_ [Do you agree?]
- \_\_\_\_\_ [Do you agree?]

\_\_\_\_\_ declares before You that he/she forgives his/her ancestors for their actions that brought these ungodly generational inheritances and their consequences into his/her life. [Do you agree?] He/she relinquishes all hate and desires for revenge into Your hands for You to bring judgment against them. [Do you agree?]

\_\_\_\_\_ also renounces and repents of any and every way that any part of him/her has knowingly or unknowingly, willingly or unwillingly, participated in these iniquities him/herself, including:

- \_\_\_\_\_
- \_\_\_\_\_
- \_\_\_\_\_ [Do you agree?]

(Repeat here any of the listed generational iniquities that any part of the person has engaged in him/herself.)

We ask You, in the name of the Lord Jesus Christ, to put His shed blood between \_\_\_\_\_ and these grievous generational iniquities, breaking all ungodly inheritances and their curses resulting from them from his/her life and from the lives of his/her descendants going forward forever. [Do you agree?]

We ask You to remove, or disconnect from \_\_\_\_\_, everything from the realm of darkness that gained access to him/her because of these generational inheritances and their curses. [Do you agree?] Please pass judgment on them, dispatch them to the destinations of Your choosing, as appropriate, and close and seal with the blood of the Lord Jesus Christ the portals and orifices they used for access to him/her. Please fill the evacuated places with Your true Holy Spirit. [Do you agree?]

As You remove these generational curses from \_\_\_\_\_'s life and his/her descendants, will You please release any of Your generational blessings intended for them that were blocked because of these curses? [Do you agree?]

Thank you, Ancient of Days. We pray this all in the name of the Lord Jesus Christ. Amen. [Do you agree?]

## Potential Areas of Generational Iniquities

When any of the following iniquities (major acts of lawlessness, wickedness, unrighteousness) are seen in successive generations, that is a clue that generational inheritances may have occurred that need to be renounced. (See “Breaking Ungodly Generational Inheritances” at [www.rcm-usa.org/downloads.html](http://www.rcm-usa.org/downloads.html).)

**Abandonment/Rejection** including the sub-categories of:

- Desertion
- Disowning of children or parents
- Divorce
- Infidelity
- Parental neglect
- Treachery (violation of allegiance)

**Destructive Anger** including the sub-categories of:

- Feuding
- Hatred
- Hostility
- Murder
- Rage
- Retaliation
- Revenge
- Strife

**Deception** including the sub-categories of:

- Cheating
- Dishonesty
- Duplicity
- Fraud
- Hiding truth
- Inciting confusion
- Scamming
- Self-deception
- Trickery
- Untrustworthiness

**Domination and Control** including the sub-categories of:

- Condemnation
- Control through sexuality
- Control through witchcraft
- Cursing
- Demanding perfection
- Denigration
- Deprivation
- Disgrace
- Double-binding
- Harassment
- Intimidation
- Male chauvinism
- Matriarchy
- Manipulation
- Mocking
- Passive aggression
- Possessiveness
- Restriction of free choice
- Ridicule
- Sarcasm
- Shaming
- Terrorization
- Undermining

**Financial Iniquities** including:

- Covetousness
- Deceptive business practices
- Delinquency
- False representation of assets
- False trust in money
- Fraud
- Greed
- Idolatry of possessions/money
- Illicitly gained money
- Irresponsible debt
- Irresponsible spending
- Materialism
- Money laundering
- Robbing God (not tithing)
- Stealing
- Stinginess
- Ungodly uses of money

**Idolatry and False Religions** including:

- Animism
- Bahai
- Confucianism
- Eastern Religions & meditation
- Islam
- Kabbala
- New Age movement
- Roman Catholicism
- Rosacrucianism
- Santeria
- Satanism
- Shamanism
- Shintoism
- Spiritualism
- Suicide/martyrdom for false religions

- Theosophy
- Unitarian Church
- Other false religions
- Worship of ancestors
- Worship of animal spirits
- Worship of the Antichrist
- Worship of Behemoth

- Worship of demons, cosmic beings, and pagan deities
- Worship of the sun, moon, stars, and planets
- Idolatry of power
- Idolatry of the body
- Idolatry of children

- Idolatry of food
- Idolatry of ministry
- Idolatry of money
- Idolatry of position
- Idolatry of possessions
- of social status
- Idolatry of one's spouse
- Idolatry of work/performance

**Occult Iniquities** including:

- Astral plane activity
- Astral projection
- Astrology
- Automatic writing
- Bestiality
- Black magic
- Black mass
- Channeling
- Clairvoyance
- Conjuraton
- Crystal ball
- Dedication to Satan or other occult beings
- Dispatching demons
- Divination
- Eight ball
- Evil Eye
- ESP
- Extreme fantasy
- False gifts
- Fortune telling
- Graphology
- Hexing
- Horoscopes
- Human sacrifice
- Hypnosis for occult purposes
- I Ching
- Incubus and succubus
- Indian occult rituals
- Interdimensional activity
- Levitation
- Manipulated life forms
- Mantras

- Marriage of heaven and earth
- Marriage to Lucifer, Satan, or other occult beings
- Martial Arts
- Mediumship
- Mental telepathy
- Necromancy
- Non-Christian exorcism
- Numerology
- Occult games
- Occult use of shapes, colors, tones & frequencies, patterns, symbols, icons, and numbers
- Ouija board
- Palm reading
- Past life readings
- Pendulum readings
- Psychic readings
- Psychic healing
- Quest for hidden knowledge
- Reincarnation
- Rituals of all kinds
- Sacrifices
- Séances
- Shape-shifting & morphing
- Occult artificial intelligence projects
- Occult entrapment & imprisonment

- Occult programming and mind control
- Occult slavery
- Occult trances
- Occult use of blood and excrement
- Occult use of candles & incense
- Occult victimization
- Sorcery
- Spells
- Spirit guides
- Spiritism
- Superstition
- Table tipping
- Tarot cards
- Reading tea leaves
- Third eye
- Transcendental Meditation
- Trading/buying/selling of souls
- Supernatural procreation & hybridization
- Vampires
- Voodoo
- Water witching
- Werewolves
- White magic
- Wicca
- Witchcraft
- Wizardry
- Yoga

**Membership in occult societies, cults, & mind-control organizations** including:

- De Molay
- Druids
- Eastern Star
- Freemasonry
- Illuminati
- Job's Daughters
- KKK
- Knights of Columbus
- Nazism
- Neo-Nazism
- Rainbow Girls
- Shri

**Pride** including the sub-categories of:

- Arrogance
- Conceit
- Egotism
- Haughtiness
- Prejudice
- Self-centeredness
- Self-importance
- Spiritual pride
- Vanity

**Rebellion** including the sub-categories of:

- Blasphemy
- Contempt
- Defiance
- Disobedience
- Independence
- Insubordination
- Rebellion against God
- Rebellion against God's Word
- Resistance
- Self-sufficiency
- Self-will
- Sexual rebellion
- Stubbornness
- Treason

**Religious Iniquities** including:

- Causing division in the Body
- Desecrating the Bible, godly icons &/or sacraments
- Hypocrisy
- Legalism
- Liberalism
- New Age practices
- Profanity
- Religiosity
- Spiritual pride
- Traditionalism
- Unforgiveness

**Sexual Iniquities** including:

- Adultery
- Bestiality
- Defilement
- Fornication
- Homosexuality
- Incest
- Incubus & succubus
- Indecent exposure
- Lesbianism
- Lust/Fantasy lust
- Molestation
- Procreation with fallen angels and Nephilim
- Perversions
- Pornography
- Pregnancy outside of marriage
- Premarital sex
- Promiscuity
- Prostitution/Harlotry
- Rape
- Seduction
- Sexual abuse
- Sexual addiction
- Sex in the spirit
- Sex with spiritual beings
- Sex with werewolves
- Tantric sex
- Sadoomasochism

**Traumatization/Victimization** including the sub-categories of:

- Being used as an object or sexual toy
- Being used as a slave
- Betrayal
- Booby traps
- Deportation
- Deprivation
- Electroshock
- Entrapment
- Emotional abuse
- Excessive spanking
- Forced connection to evil beings
- Forced marriage to Satan or other evil beings
- Forced participation in occult rituals
- Forced werewolf contact
- Imprisonment
- Mental abuse
- Mind control
- Occult punishment
- Physical abuse
- Satanic Ritual Abuse
- Sexual abuse
- Spiritual abuse
- Spousal abuse
- Starvation
- Rape
- Torture
- Traumatization to create dissociation
- Unjust punishment
- Usurping of one's body or womb
- Violation of personal boundaries
- Violation of personal rights
- Violation of personal will

**Unbelief** including the sub-categories of:

- Atheism
- Agnosticism
- Apprehension
- Double-mindedness
- Doubt
- Fear of being wrong
- Distrust
- Rationalism
- Skepticism
- Suspicion
- Uncertainty
- Vacillation

**Violence** including the sub-categories of:

- Abortion
- Abuse
- Cruelty
- Destruction
- Gang warfare
- Murder
- Retaliation
- Strife
- Suicide
- Torture/mutilation
- War-mongering

## Potential Indications of Generational Curses

When any of the following types of symptoms are seen in successive generations, that is a clue that generational inheritances may have occurred that need to be renounced. (This is not intended to be an all-inclusive list.)

**Addictions/Dependencies** including:

- Alcohol
- Caffeine
- Cigarettes
- Computers/Internet
- Food
- Gambling
- Marijuana
- Non-prescription drugs
- Pornography
- Prescription drugs
- Sex
- Spending
- Sports
- Television
- Video Games

**Bitterness** including the sub-categories of::

- Accusation
- Bitterness against God
- Blaming & blame-shifting
- Complaining
- Condemnation
- Criticalness
- Envy
- Gossip
- Hate
- Jealousy
- Judging
- Murmuring
- Resentment
- Rivalry
- Slander
- Unforgiveness

**Depression** and its related sub-categories of:

- Dejection
- Discouragement
- Despair
- Despondency
- Feeling you're a non-person
- Gloominess
- Hopelessness
- Heaviness
- Helplessness
- Hopelessness
- Misery
- Oversleeping
- Sadness
- Self-pity
- Suicide attempt
- Suicide fantasies
- Withdrawal

**Fear** including the sub-categories of:

- Anxiety
- Dread
- Fear of abandonment
- Fear of authorities
- Fear of being abused/used
- Fear of being attacked
- Fear of being controlled
- Fear of being wrong
- Fear of being a victim
- Fear of cancer
- Fear of death
- Fear of diabetes
- Fear of demons
- Fear of exposure
- Fear of failure
- Fear of heart attack
- Fear of infirmities
- Fear of loss
- Fear of man
- Fear of not being safe
- Fear of performing
- Fear of poverty
- Fear of public singing
- Fear of punishment
- Fear of rejection
- Fear of sexual inadequacy
- Fear of sexual perversion
- Fear of success
- Fear of violence
- Mental torment
- Over-sensitivity
- Paranoia
- Phobia
- Superstition
- Worry

**Financial struggles** (These are often do to financially related generational iniquities.)

- Bankruptcy
- Financial dependency
- Financial lack
- Financial losses
- Job failures/losses
- Poverty



### **Physical Ailments**

- Arthritis
- Asthma
- Blood diseases
- Bone/joint problems
- Cancer
- Chronic fatigue
- Digestive problems
- Diseases of connective tissues
- Diabetes
- Elimination problems
- Female problems
- Fibromyalgia
- Foot problems
- Hearing problems
- Heart/circulatory problems
- Insomnia
- Lung problems
- Multiple Sclerosis

### **Psychological problems**

- Accident proneness
- Bipolar disorder
- Eating disorders
- Hyperactivity
- Mental illness
- Nervous breakdowns
- Obsessive compulsive
- Phobias
- Psychosis
- Schizophrenia
- Self-harm
- Migraines
- Physical deformities
- Respiratory problems
- Skin problems
- Stomach problems

### **Sexual and marital problems** (These are often due to sexually or marital related generational iniquities.)

- Barrenness
- Divorce
- Frigidity
- Infertility
- Infidelity
- Miscarriages

### **Shame** including the sub-categories of:

- Guilt
- Inadequacy
- Inferiority
- Insecurity
- Self-accusation
- Self-condemnation
- Self-Hate
- Self-Pity
- Social ineptitude
- Victim mentality

### **Social Struggles** (These are often due to generational inheritances related to social injustices or abandonment.)

- Boundary issues
- Isolation/withdrawal
- Loneliness
- Shyness
- Stuttering
- Social ineptness

### **Tragedies**

- Accidents
- Lonely death in an institution
- Premature death
- Murders
- Suicides
- Unnatural deaths

### **Unworthiness** including the sub-categories of:

- Appeasement
- Complacency
- Compliancy
- Helplessness
- Hopelessness
- Passivity