

# Two Ways to Shorten the Journey to DID Healing

The Primary Identity Approach provides a way to shorten the healing of dissociative dynamics in a significant manner in comparison to the traditional, alter-centered approach. It is based on differentiating primary identities (those protected from the trauma) and alter-identities (those who helped to deal with the trauma). While alters are not ignored, identifying and resolving the intolerable psychological conflicts of the primary identities brings healing to them and all of the alters formed as a result of their conflicts at the same time, often bringing spontaneous integration.

The Prenatal Healing Process provides a way to discover and address the major spiritual bondages established by one's ancestors or in the womb for those born into generational Satanist bloodlines. The process also bypasses many of the dynamics in a ritual abuse system that are designed to impede ministry. When the bondages are specifically rejected and renounced by one of the main primary identities, the expression of their free will trumps the decisions of their ancestors and those of the other identities, including the cult-loyal ones. By removing spiritual bondages at their prenatal roots, everything that resulted from them throughout the person's life can be removed all at once.

(See reverse side for training materials on the above processes.)



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# RCM Resources to Shorten the Journey to DID Healing

#### **Primary Identity Approach Simplified (DVD)**

—Recommended if this approach is completely new to you

#### Module 3 of Restoring the Shattered: The Primary Identity Approach

—Describes the complete approach in much more detail, available in CD and DVD format

#### A Survivors' Workbook: Applying the Primary Identity Approach to the Healing of DID

—Provides the necessary education, along with step-by-step instructions, to guide survivors in identifying their primary identities and presenting system as well as in identifying and resolving the main intolerable conflicts causing dissociation in their specific lives

#### **Primary Identity Approach Demonstrated (DVD)**

—Ministry demonstration illustrating the concepts of this approach

#### **Primary Identity Approach Ministry Guides**

—Laminated guides for understanding and implementing the process

#### Online Primary Identity Approach Training (Survivors half-price)

—Provides an opportunity for certified training in this approach

**Prenatal Healing (CD or DVD)**—Describes the prenatal healing process

#### **Prenatal Healing Ministry Guides**

—Provides step-by-step instructions for utilizing the process along with some of the basic prayers needed

Available at rcm-usa.org or 540-249-1027

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